

# Ayni Projects Invites You

*to take a journey that will live in you forever...*

## **...through sounds and ceremony to Millennial Perú.**

This experience is based on the Andean principles of our ancestors inspired by:

- **Munay**, the power of Love,
- **Ayni**, sharing and reciprocity,
- **Chaupin** (matrix), the spiral movement,
- **Pachamama** the healing power mother of our mother earth.
- **Fun** the joy of being alive and being together.



We will enter a living experience inspired by the power of the collective that honors the beauty and spirit of each individual to facilitate conscience transformation through:

## **Ceremonies and Rituals**

- **Mama Cocha** offering, Sacred Ceremony to honor the water, the moon, the feminine spirit.
- **Offrenda to the Pachamama**, Sacred Ceremony for our Mother Earth with the *4 elements and the 4 directions*.
- **Ceremony to the Ancestors at Chavin**.
- **Purification Ritual at Sulfur Caves**.
- **Working with local shamans**.
- **Experiencing Ayni by living together and sharing our inner journey in Sacred Circle**.

## **Musical Gatherings with Tito La Rosa**

Concerts and Ceremonies played by Tito using ancestral instruments from the cultures of Ancient Peru at the Sacred mountains of Llanganuco, and The Sacred Site of Chavin and Katswan Hierca.

## **Sacred Places**

Huaca Pachacamac, Katswan Hierca, The Temple at Chavin, Chinancocha & Oroncocha Lakes, La Merced Hot Springs.

The spirit of this experience is informed by the old Prophecy about the union of the Eagle and the Condor. We will use ceremonies and group interaction techniques taken from both the cultures of the North (the Eagle) and the South (the Condor) to co-create a powerful group experience. We will expand our capacity to be in connection with ourselves, with each other, with our communities and with the earth and all of the natural world. And then to ask, what next?



## **Workshops**

**KINTU** is a multi day journey spread throughout tour that explores the three dimensions of the Great Andean Universe. The World Within; the Uccu Pacha, The Here And Now; the Kai Pacha, and The World Above; the Hanan Pacha. In the Andean world, every flower, every star, every stone and dew drop, as well as each and every human being is a Universe, or "Pacha" a perfect totality which is complemented in kind by another larger and more perfect totality; this is a never ending process. In this holistic view of the Universe, KINTU is medicine for the soul; it is a way of experiencing life which unites and weaves universes, which connects and unifies...it contributes to the harmonic convergence between the Pachas. Connected to this work we will be exploring the Andean Cosmvision as in relates to our inner spiritual journeys, our time in Peru and our lives as we want to live them. This work will be led by Elba Bravo, and musically accompanied by Tito La Rosa.

**ayni**  
[i-nee] (n.)

A Quechua word meaning reciprocity whose underlying premise is; *so as I give, so shall I be provided for*. A principle which when operant in any relationship, group, or system creates a field of intention that allows for the possibility of positive change, synchronicity and miracles.



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# Tour Schedule, a.k.a. Leave your time piece at home.

## **Bios of Trip Leaders:**

**Tito La Rosa** is a beloved national treasure of Peru, a Curandero de Sonido (Shaman of Music). For almost two decades, La Rosa, a descendent of Quechua Indians of the Peruvian Andes, has been recovering and preserving, studying, and intuiting the ancestral music of Peru. For the past 20 years he and his wife Elba Bravo have lovingly collected a wide array of pre-columbian musical instruments. When asked by the Peruvian Institute of Culture to recreate the ancient sounds of the Mochican Culture for the Museum of the Lord of Sipan in Northern Peru, La Rosa took on the task of reproducing the music of a 2,000 year-old-culture that had disappeared into time. "Time, like death is a lie," states La Rosa. La Rosa has toured and recorded with Kitaro who said about La Rosa, "His attraction to the Spirit dimension and his love of all things from the natural world allow him to traverse musical landscapes with tranquility and deep passion." La Rosa has recorded seven CD's. Among them, his 2002 CD, The Prophecy of the Eagle and the Condor with guest artist Mary Youngblood, was nominated for a Native American Music Award, for Best World Music Recording. Along with his music and his love of family and nature, his ongoing passion is to protect and preserve the rich spiritual and cultural heritage and traditions of the Andes.

**Elba Bravo** is a healer and teacher, dedicated to indigenous healing arts and the preservation of Andean traditions & spirituality. She is the Founder and Director The Children's School of Andean Wisdom at the community of La Merced. Elba conducts workshops on Andean Spirituality for women, youth and families. She performs private healing sessions. She is a founding member of the Peruvian Body-Mind Therapy Association and has recently written a book about children's wisdom called *Palabras Mayores*.

**Ailish Schutz**, Founder of Ayni Projects, has 25 years of experience leading groups and working with individuals as a facilitator, coach and healer. She has a background in Body Oriented Psychotherapy and in human relations work in organizations. Her work is currently focused on the exploration of cross cultural spiritual and healing traditions and the preservation of indigenous wisdom.

## **Friday, December 16th:**

Arrive in Lima. Sleep at the Arriosto Hotel in Mira Flores.

## **Saturday, December 17th:**

Lima. Morning Breakfast. Meet the group. Visit Huaca Pachacamac Group ceremony involving setting the intention for the tour. The alternative possibility is to visit Larco-Herrera Museum. Afternoon Visit Indigenous Market, to buy telas for mesa work. Dinner at La Rosa Nautica or Vivaldis.

## **Sunday, December 18th:**

Lima, northward. We board our private bus to drive up to the Andes stopping half way for Cebiche in Barranca on the coast. At the end of the day we arrive in the town of Carhuaz and check into the Hotel Abuelo.

## **Monday, December 19th:**

Caral, Carhuaz. Relax in the morning, walk around Carhuaz. Afternoon and Evening Kintu Workshop at Katswan Hierca.

## **Tuesday, December 20th:**

La Merced, Hualcan, Carhuaz Breakfast and the continuation of the Kintu workshop. Visit the Quechua communities of La Merced and Hualcan, the Chaupin School and The Ayni Hospital, both projects of Ayni Projects. We will have lunch with the community and visit the thermal baths. Dinner at Moraima's.

## **Wednesday, December 21st:**

Carhuaz, Chavin. After breakfast we will board our bus to go to Chavin. Lunch by a lake to eat the local fare. Late afternoon we will tour the

temple. In the evening we will meet at the home of Sergio, a local guide and San Pedro Shaman. At night we will return to temple for a solstice ceremony on the temple grounds with Sergio.

## **Thursday, December 22nd:**

Chavin, Carhuaz. Sleep in, late breakfast, Explore Chavin more in the morning. After lunch, take our bus back to Carhuaz. Dinner followed by Talking Circle.

## **Friday, December 23rd:**

Carhuaz. After breakfast we will continue to work with our mesas and the four directions and the four powers. Evening trip to Huaraz to explore the town and to have dinner.

## **Saturday December 24th:**

Christmas Eve. Day free. Late Afternoon purification ceremony at the Steam caves. Dinner together after visiting Mama Mecchi in the Carhuaz Church.

## **Sunday, Christmas Day:**

Offrenda Day. Sunrise ceremonial offrenda or earth offering at Sunrise at Katswan Hierca. Relax on the mountain and cook Christmas dinner together.

## **Monday, December 26th:**

Yungay. Group breakfast. We will travel to the town of Yungay and then up into a mountain pass to visit the sacred lakes of Chinacocho and Oroncocho. Ceremony for the water. Picnic lunch. Evening, drive back to Carhuaz dinner at Morayma's.

## **Tuesday, December 27th:**

Individual work with each person using sound healing. Evening. Special Closing dinner for the group.

## **Wednesday, December 28th:**

Carhuaz, Lima. Our last Breakfast together then we board our bus to return to Lima. People returning home can sight see in Lima before catching evening flights home. We will also help you plan a further stay in Lima or a possible visit to Cusco should you like to extend your stay.



## **Tour Cost: (Part One)**

4 to 5 people . . . \$2,750 per person  
6 or more . . . . . \$2,500 per person

## **Price Includes;**

- lodging (single)
- meals
- transportation
- entrance to parks

*\* Price does not include airfare to and from Peru.*